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# **Social Awareness and Role of NSS- A Study**

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**ABSTRACT:** The concept of National Service Scheme is started in the year 1969 to build sense of social responsibility through teacher and students involvement in constructive service with the motto of "Not Me But You". NSS volunteers work in rural areas, adopted villages and school to the serving the cause of society through survey, education and health awareness programme. This study involves in identifying the importance, aims and objectives of NSS in higher education which in turn create social responsibility among the students. This review also highlights the constraints faced by the NSS, and students in the system and also suggests measure to overcome in order to utilise future generation in positive direction.

KEYWORDS: NSS, society, programme, highlights, generation, social, awareness, positive, education, survey

## I. INTRODUCTION

National Service Scheme (NSS) is a voluntary program under which young students from colleges, universities, and +2 level work towards creating a campus-community linkage. Popular as NSS, this program is conducted by the Ministry of Youth Affairs & Sports. The scheme majorly orients the students to community service while they are studying in educational institutions developing their personality and inner feelings towards community welfare.NSS helps the student to grow individually and also as a group. Volunteering for various tasks under NSS activities allows students to become confident, develop leadership skills, and learn about different people from different walks of life. Students also learn about various life-essential skills while working towards improving people's living standards, thereby fulfilling the aim of NSS of providing help to everyone in need. Active volunteers of NSS earn exposure and experience in becoming accomplished social leaders and efficient administrators.NSS Lords University works true to the motto of the National Service Scheme, "NOT ME BUT YOU". The society at Lords teaches to be disciplined and organised with the goals set for self and working for community welfare activities. [1,2]

Aims & Objectives of NSS followed by Lords as mentioned in nss.gov.in are:

- i. To understand the community in which they work;
- ii. To understand themselves concerning their community;
- iii. To identify the needs and problems of the community and involve them in problem-solving.
- iv. To develop among themselves a sense of social and civic responsibility;
- v. To utilise their knowledge in finding practical solutions to individual and community problems;
- vi. To develop competence required for group-living and sharing of responsibilities:
- vii. To gain skills in mobilising community participation;
- viii. To acquire leadership qualities and a democratic attitude;
- ix. To develop the capacity to meet emergencies and natural disasters



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National Service Scheme (NSS) was launched during 1969, the birth centenary year of Mahatma Gandhi, in 37 universities involving 40000 students. NSS is an extension dimension to the higher education system to orient the student youth to community service while they are studying in educational institutions. It is being implemented by the Ministry of Youth Affairs and Sports, Government of India.[3,4]

More:-

- 1. To understand the community in which they work;
- 2. To understand themselves in relation to their community;
- 3. To identify the needs and problems of the community and involve them in problem solving process.
- 4. To develop among themselves a sense of social and civic responsibility;
- 5. To utilise their knowledge in finding practical solution to individual and community problems;
- 6. To develop competence required for group-living and sharing of responsibilities:
- 7. To gain skills in mobilising community participation;
- 8. To acquire leadership qualities and democratic attitude;
- 9. To develop capacity to meet emergencies and natural disasters; and
- 10. To practice national integration and social harmony

The NSS symbol is based on the "Rath" wheel of the Konark Sun Temple situated in Odisha.

The navy blue colour indicates the cosmos of which the NSS is a tiny part, ready to contribute its share for the welfare of the mankind.

The Red colour in the badge indicates that the NSS volunteers are full of blood i.e. lively, active, energetic and full of high spirit.

The giant wheels of the Sun Temple portray the cycle of creation, preservation and release, and signify the movement in life across time and space. [5,6]



NSS is a voluntary scheme. NSS scheme starts from 11th Standard onwards. At college level the NSS volunteers will be enrolled from the first and second year degree-class students. The students from foreign countries studying in Indian universities can also join NSS so that they may share the experiences of national reconstruction and community work. NCC cadets will not be allowed to join NSS. Similarly NSS volunteers will not participate in NCC or any other youth organisation as long as they are in NSS.

An NSS volunteer needs to devote a total of 240 hours social service in two years duration. Every year, a NSS volunteer has to devote 20 hrs. of orientation and 100 hrs. of community service.

To enrol as NSS volunteer, contact the NSS Programme Officer of your school / college. Enrollment in NSS is free.

The NSS volunteers on successful completion of the required hours of service are issued a certificate. NSS volunteers can get some weightage during admissions in higher studies and other benefits as decided by the institutions/university.[7,8]



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Administrative structure in NSS

At School / college level

The unit at college/+2 level is the grass-root unit in NSS. An institution will be allotted NSS units according to the strength of students. The number of units will be allotted by the Programme Coordinator in consultation with NSS Regional Directorate and State NSS Officer considering the demands of the institution. The strength of a unit will be 100 NSS volunteers normally. A Programme Officer will be incharge of a NSS unit. Ony those belonging to the teaching faculty will be considered for appointment as Programme Officer. Programme Officer will be responsible for the organisation of NSS unit, implementation of NSS programme under the supervision and direction of Principal of the college or head of the institution.

At University level

Every University has an NSS Cell to supervise and coordinate NSS Programme in Colleges affiliated to it. The Universities having strength of more than 10000 NSS volunteers have full time Programme Coordinators. The Universities having strength of less than 10000 NSS volunteers have part time programme coordinators. At state level

At the State level, a State NSS Cell headed by the State Liaison Officer (SLO) coordinates the programme. The Government of India extends cent percent financial assistance for establishing the State NSS Cell.

At Regional level

NSS Regional Centes have been established in the country to maintain liaison with the State Governments, Universities, +2 Councils and TOC/TORCs for the effective implementation of NSS Programme. NSS Regional Centre (RC) which is a subordinate field office of the Ministry of Youth Affairs & Sports is established depending upon the volunteers strength and size of the state. It is either headed by a Deputy Programme Adviser or an Assistant Programme Adviser. The Deputy Programme Adviser/Assistant Programme Adviser belong to Group-A grade of the Central Government Service.

Today NSS has about 3.86 million student youth enrolled in 41,442 NSS units spread over through 396 Universities/ +2 Councils, 16,331 Colleges/ Technical Institutions and 28,621 Senior Secondary Schools across the country.[9,10] Activities undertaken by NSS

- 1. National Integration Camp
- 2. Shramdaan
- 3. Blood donation
- 4. Immunisation
- 5. Plantation
- 6. Disaster Management
- 7. Adventure programs.

## **II. DISCUSSION**

NSS volunteer undertake various activities in campus, adopted villages and slumps for community service. Duration of these service is 120 hours ie. 20 hours for orientation of NSS volunteers, 30 hours for campus work and 70 hours for community service. In regular NSS programmes students undertake various activities in the college campuses, adopted villages, cities and slums during weekends. Adoption of a village or an area is a meaningful programme in NSS. HIV or AIDS is a major threat for humanity in the world especially in developing countries. Globally millions of people are suffering from this disease. Adolescents of developing countries have partial knowledge about HIV/AIDS. Almost all developing countries face the same dilemma. The global HIV/AIDS situation for adolescents is deadly serious, and the need for a stronger, focused response is urgent. Young people are particularly vulnerable to HIV infection because of risky sexual behavior and substance use, because they lack access to accurate and personalized HIV information and prevention services, and for a host of other social and economic reasons. An estimated 11.8 million young people aged 15-24 are living with HIV/AIDS. Moreover, about half of the 6,000 new infections each day occur among young people. It is estimated that about half of all people who have had HIV were infected when they were between the ages of 15 and 24, and nearly one third of those currently living with HIV/AIDS [11,12] could increase to 21.5 million by 2010. UNFPA has made youth and HIV its priorities in the context of international goals and commitments related



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to adolescent sexual and reproductive health. UNFPA is particularly well positioned to respond to the HIV epidemic among youths because of its decades of experience in: integrating population and family-life education in schools and in non-formal education settings; facilitating the shift towards gender-sensitive reproductive health education; building broad-based partnerships on reproductive health; negotiating controversial issues with government and key stakeholders from a respectful and culturally sensitive standpoint; advocating for public commitment, policies and legislation that support reproductive rights and gender equality; and supporting countries to improve the quality and accessibility of youth-friendly reproductive health services. Addressing the prevention needs of people living with HIV is a critical challenge for the health sector. Expanding access to HIV testing and antiretroviral therapy will increase the number of people living with HIV who can benefit from comprehensive HIV prevention, treatment and care services in the health sector. Most people living with HIV will remain sexually active. Health providers should respect their right to do so and support them and their partners in preventing further HIV transmission, including through the provision of condoms. For some, knowledge about their HIV infection may not prompt a change in behavior to reduce further HIV transmission, and additional support may be needed. Effective strategies for preventing HIV/AIDS transmissionsexual, blood borne, and mother-to-child. However, fewer than one in five people at high risk for hiv currently have access to effective prevention.1 According to an analysis by unaids and the World Health Organization, expanded access to proven revention strategies could avert half of the 62 million new hiv infections projected to occur between 2005 and 2015.2 Another analysis found that in sub-Saharan Africa alone, expanded prevention could avert 55% of the 53 million new infections projected to occur in the region on 2003. There is no single solution-no "magic bullet"-to prevent hiv. The most effective prevention programs are those that use a combination of strategies to achieve maximum impact.4 Following are descriptions of the major strategies that, when used in combination, are effective for preventing sexual, blood borne, and mother-to-child hiv transmission.

Through the conclusion that the 'Role of National Service Scheme in the prevention of HIV /AIDS among Adolescents'. which plays an very important role in present scenario, overall it focuses on community needs, health, family welfare and Nutrition programmes and finds the practical solution for these problems, in community itself. Thus it develops sharing of responsibilities and group living.[13,14]

#### **III. RESULTS**

REPORT OF NSS ACTIVITIES- 2017 The college has invited the names from students to participate in NSS Regular activities as volunteers. The college received 300 names of students to participate in the unit as volunteers out of which 200 spirited and enthusiastic students were selected and were registered as NSS volunteer on 10/07/2017. following activities were successfully conducted by NSS Unit programme officers Dr. Shital S. Barhate, Prof. Abhay D. Jadhav, with 200 student volunteers. 1. Celebration of International Yoga Day: on 21st June 2017, the NSS unit of M P Law College had organised and celebrated International Yoga Day wherein Professional Yoga Trainer Shri Jaiswal Sir was invited who elaborated the importance of Yoga and also we practiced Yoga including Pranayam, Yogsan etc. under the instructions of Jaiswal. The principal, Vice Principal, Teaching and Non-Teaching staff and students have actively participated in the event. 2. Mission 4 Crore Tree Plantion: As a mission of Govt. of Maharashtra to plant 4 Crore Tree in the State of Maharashtra, in our institution NSS unit of our College planted trees in our premises. For this programme Principal Dr. C. M. Rao, Vice Principal Dr. B. V. Paranjpe, NSS Programme officers along with Teaching and Non Teaching Staff and students of the College were present. 3. Tree Plantation :(Dt. 1/7/2017) As per the Direction of the Government of Maharashtra for tree plantation and achieving 4 corer target the NSS department organized tree Plantation Programme in College on the eve of Birth Anniversary of VasantraojiNaik, Former Chief Minister of Maharashtra State and nearby premises trees were planted on this occasion. 4. Pandharpur Swachata Abhiyan: NSS Volunteers of M P Law College have also actively participated in the SwachtaAbhiyan at Pandharpur on the occasion f AshadhiEkadashi. The said initiative was undertaken collaboratively by NSS Dept. of Dr. Babasaheb Ambedkar Marathwada University, Aurangabad and CRT NGO. 5. On 1st of August 2017 college has organized foundation day programme. In the same function Swachata Shapath (Oath) was given to all faculty members and NSS Volunteers. 6. Innauguartion of NSS Regular Activities and Aids Awareness Programme: NSS Unit of M P Law College have inaugurated NSS regular activities for the academic year 2017-"18 by auspicious hands of Dr. T. R. Patil, Director, NSS Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.He explained the philosophy, aims and objectives of national Service Scheme. In the same programme lecture on "Awareness about Prevention of AIDS" was given by Shri Mangesh Gaikwad of Civil Hospital, Aurangabad. 7. Participation in Rally for River: NSS volunteers of the College along with NSS Coordinators Dr. Shital Barhate, Prof. A. D. Jadhav have activley participated in the Railly



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for Rivers organized by ISHA foundation. 8. College Campus Cleaning: (2 nd to 5th August 2017) The NSS unit of College including faculty programme officers and volunteers have actively participated in four days Campus Cleaning Programme. During this four days volunteers and Programme Officers with an objective to ensure cleanliness to start up from own institution have cleaned up every part of its campus including Class rooms, Library, Computer Lab, Language Lab, Administrative Office, Staff Room, Play-ground etc. The NSS unit of the College has provided refreshment to NSS Volunteers who have actively participated in said cleanliness programme. 9. University Campus cleaning programme: On 14th of August 2017, NSS Coordinators along with 25 NSS volunteers have actively participated in the campus cleaning programme organized by NSS unit Dr. Babasaheb Ambedkar Marathwada University, Aurangabad. 10. Lecture on Rain Water Harvesting: The NSS unit of our College have organized Lecture of Shri Shitole on "Rain Water Harvesting" on 13th Sept. 2017. He sensitized our student about problem of water and importance of rain water harvesting. 11. Shramdan for Rain Water Harvesting: 1 4th Sept. 2017 shramdan was done by NSS unit of M P Law College alongwith "Jaldoot" NGO for Rainwater Harvesting carried out in the College premises. The said Shramdan was carried in the Presence of Shri Purushottam Bhapkar, Divisional Commissioner, Aurangabad Region. 12. Cleanliness of Historical places in Aurangabad: NSS volunteers of M P Law College have participated in cleanliness of historical places of Aurangabad organized by Dr. Babasaheb Ambedkar Marathwada University, Aurangabad National Service Scheme Unit, Aurangabad.[15]

Celebration of International Ahimsa Day and Meditation Programme: on the eve of Gandhi Jayanti the NSS unit of our College organized programme wherein the importance of Vipshyana and Ahinsa was highlighted by Shri Champalalji Khivansara and Prof. Reena Mandhane. 14. Celebration of birth anniversary of Sardar Vallabhbhai Patel: on 31st Oct. 2017 birth anniversary of Sardar Vallabhbhai Patel as National Unity Day. Our College Principal Dr. C. M. Rao, garlanded the portrait of Sardar Vallabhbhai Patel afterword the teaching, non teaching staff and students had taken oath of Unity. 15. Stress Management programme: On 22/12/2017, NSS unit of M P Law College & Dr. I.B.P. Womens"College along with the unit of Brahmakumari IshwariyaViswaVidyalaya organized Stress Management programme for students of both colleges. In the said programme Brahmakumari Didi dealt with various reasons for the stress and also explained how to reduce stress by various means. 16. The Blood Donation Camp: NSS unit organized the blood donation camp with the help of Dattaji Bhale Blood Bank Aurangabad on 30/12/2017. Total 59 volunteers along with Teaching, Non Teaching Staff of the college voluntarily donate the blood. Near about 150 volunteers and fellow students were benefitted by HB and Blood Group test conducted by the blood bank. 17. Health Check up Camp: The NSS unit of our College has organised the Health Check up for Students, teaching and non teaching staff of the college. In the said camp health check up of total 200 students and staff have been by Nutricharge experts. This health check up programme arrange with collaboration "Nuricharge wellness Nutrition". 18. Celebration of Birth Anniversaries (Jayantis): In order to remember peoples who have devoted their lives for the development of the Nation and to remember their good work, every year we celebrate Birth Anniversaries of various leaders. In this academic year also we have celebrated birth anniversaries of various leaders such as: Rajeshri Chatrapati Shau Maharaj Jayanti was celebrated on dt. 19/06/2017 in College, Lokmanya Tilak Jayanti was celebrated on dt.22/07/2017, birth anniversary of Maulana Abul Kalam Azad first education minister of independent India celebrated as National Education Day on 11th Nov.2017, on 14th Nov. 2017 birth anniversary of First Prime Minister of India Pandit Jawaharlal Nehru was celebrated as Children"s Day in our College. Further, Rajmata Jijabai and Rashtriya Yuva Din that is birth anniversary of Swami Vivekaand celebrated in our College. Birth anniversary of Netaji Subhash Chandra Bose .Participation in Sevankur Shibir organized by Snehalaya, Ahmednagar: The NSS volunteers namely Pradip Hunde, Rahul Rasve, Nivruti Bankar, Jeevan Deshmukh were participated in said camp. 20. Participation in Tarunai Shibir Melghat,: The NSS volunteers namely Eknath Munde, Bhuvaneshwar Bawankar, Shabir Mulla, Ganpati Khandekar, Shrived Ingle and Nivruti Bankar, Balraj Sapate were participated in said camp. Students are highly motivated towards social work which is being carried out by Mr. & Mrs. Kolhe. 21. Participation in Shramik Sahitya Samelan, Jalna: The NSS volunteers namely Baliram Puri, Varad Kulkarni, Dnyaneshwar Jadhav & Subhash Bodkhe were participated in said samelan. They were enriched after listening various luminaries on various topic dealt with in the said Samelan. 22. Communal Harmony Campaign Week and Flag day (19th to 25th Nov. 2017). The college has donated fund to National Foundation for communal harmony an autonomous organization under the Ministry of Home Affairs, Govt. of India. 23. Participation in Avhan Selection camp : On 13-4-2017, NSS Vplunteers of our college (8 volunteers) have participated in the selection round for the Avhan Camp to be organised by Dr. Babasaheb Ambedkar Marathwada University Aurangabad. Seven Days Special Residential Camp: (Pimpri Raja), all the students volunteer and programme officers have proceeded to Pimpri Raja Tq. Dist. Aurangabad for seven days special residential camp. The inaugural function of the camp was graced by Hon"ble Shri Haribhau Bagade, Speaker of Legislative Assembly, State



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of Mahrashtra, as Inaugurator of the camp and Mr. Ashok D. Pawar, Former Vice President Z.P. Aurangabad, Mr. Prakash Changulpai, Former Member of PanchyatSameti, Mr. C.G. Rout, Village Development officer Pimpri Raja, Dr. Parvez Aslam Shaikh, District Coordinator NSS and all the respectable member of the Grampanchyat presided as a chief guest and Vice Principal Dr. B. V. Paranjpe have chaired the function. The dias of inauguration function was shared by Dr. Shital Barhate & Prof. A. D. Jadhav, Programme officers of NSS The introductory speech and detail information about the NSS motto and mission was conveyed by Prof. A. D. Jadhav, Programme officer of NSS Unit. In inaugural Speech Hon"ble Shri Haribhau Bagade, Speaker of Legislative Assembly, State of Maharashtra, share his views and give good wishes for success of the camp. The entire respectable chief guest shared their views and expects wonderful work from all NSS volunteers. At last Dr. B. V. Paranjape, Vice Principal of college has delivered a presidential address and wish good wishes for all the NSS volunteers for success of the camp. She also appeal to the villagers about the existing opportunities and avenues in law.[16,17]

## **IV. CONCLUSIONS**

Blood Donation Camp: One Blood Donation Camp was organised in the NSS camp on with the help of Dattaji Bhale Blood Bank, Aurangabad. In this blood donation camp Doctors, villagers, volunteers donated their blood for social cause. Employees of the Dattaji Bhale Blood Bank answered various queries ask by the villagers. In said camp the staff of Dattaji Bahle Blood Bank check the hemoglobin level of the villagers. Legal Aid Camp: One legal Aid camp was also organised in association with Legal Aid Centre of our College. Prof. S. N. Morey, Dr. A. N. Kottapalle, Hon"ble Shri Indalkar, Secretary, DLSA, Dr. Shital Barhate and Prof. Abhay Jadhav delivered lectures on various topics such as Women and Law, Industrial Labour Welfare Legislations etc. Street Plays: NSS volunteers performed street plays on various social issued such as Blind Superstition, Child Labour, Water conservation, Consumer Protection Awareness. Village Survey: As a part of field activity Nss Volunteers conducted survey of the villege wherein total 200 respondents were responded. Apart of this, during the camp, volunteers have done campus cleaning, shramdan, tree plantation, sports and cultural activities, group discussion, awareness rallies in the village. More importantly all intellectual sessions and programmes were conducted by the student volunteers only. Valedictory function of Special Camp: The valedictory function of the camp was organised.[18] For this we invited Adv. Mahesh Muthal, Aurangabad well known Public Speaker as a Chief Guest. This session was graced by Shri Prakash Changulpay, Former Member of Zilha Parishad, Mr. Ashok Pawar, Former Chairman of Panchayat Samiti, Dr. Ajmera and Programme Officers Dr. Shital Barhate and Prof. Abhay Jadhav. For this valedictory programme majority of the villagers were present. Adv. Muthal in his speech spoke on works of various National Leaders who contributed in maintaining National unity in the country. He suggested the audience to live with harmony and integrity. He congratulated all the villagers and NSS volunteers for successfully completing NSS camp. Appreciations Received by the NSS Unit of the College during 2017-18 Civic Response Team(CRT), Aurangabad• Dattaji Bhale Blood Banl, Aurangabad• Nutricharge Wellness Nutrition• Rally for Rivers- ISHA Foundation• Prajapita Brahma Kumari Ishwariya Vishwavidyalaya• District Civil Hospital, Aurangabad.[19]

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